

HARMONY ACADEMY MENU FOR October 27th – October 31st, 2025

MONDAY 27 th	TUESDAY 28 th	WEDNESDAY 29 th	THURSDAY 30 th	FRIDAY 31 st
BREAKFAST				
whole grain pancakes pears milk 	wildberry muffin applesauce milk 	biscuits n' pork sausage gravy oranges milk 	french toast diced pineapple milk 	whole grain cereal diced peaches milk 
LUNCH				
diced beanie weenies (turkey) potato wedges fruit cocktail milk	fish sticks seasoned fries sweet peas milk	chicken sandwich tater tots pickles milk	brown sugar diced ham mashed potatoes green beans milk	whole grain pizza mozzarella sticks whole kernel corn baked beans (no pork) milk
SNACK				
fresh apple slices animal crackers ice water	natural cherry vanilla yogurt animal crackers ice water	cheese sticks whole grain crackers ice water	fresh bananas graham crackers ice water	turkey slice white cheddar cheese crackers 100% fruit juice